

Ref: 12th/19-20/1st March, 2020

Dear Parents,

We are happy to meet you through the 12th letter of the current academic year of our school.**1. EDITORIAL**

The March month is known as the month of exams that brings stress and also joy to move on to the next step of academics. We have observed that the stress and concern for exams is **more in parents than the students**. Please take it easy as this time the children **need more support from family** and friends.

Exam stress starts when students feel that they can't cope with revision, or feel pressure from the school or family. The pressure may result in feelings of anxiety or nervousness. While a certain amount of stress may be beneficial, too much exam stress can cause individuals to perform poorly on tests that mean so much to them.

We must help them to develop a more **positive attitude** towards the exams. Ask them to **focus** and **concentrate** and **meditate**. They should Be Calmly Active and Actively Calm! Guide them to Prioritize their schedule. Provide them such an environment in which they feel respected and their self-esteem, motivation, hope and resilience will be nurtured. One of the most precious gifts we can provide children and adolescents is to develop their **self-dignity and resilience**.

A message for all the dear students- **Don't stress, do your best, forget the rest! Your talents can not be measured by the exams but your dedications are always reflected by the marks you obtain.**

Wish you be rewarded with success!

2. SCHEDULE FOR MARCH, 2020**ACTIVITIES / CELEBRATIONS TO BE HELD IN MARCH, 2020**

SR.NO.	DATE	PARTICULARS	DETAILS	STANDARD
01	04-03-2020	Waterplay	To enhance the group learning and to develop motor skills, to stimulate imagination and creativity we are organizing "Fun and learn with water" activities for the little ones.	NUR A & B
02	05-03-2020			
03	06-03-2020	Waterplay		
04	09-03-2020			
05	09-03-2020 to 20-03-2020	Annual Exam	Datasheet is already sent School Timings: 07:30 am to 11:00 am	1 to 8

06	12-03-2020	Graduation day (I'm a Graduate)	The tiny tots of UKG would love to say thank you and good bye to their Pre-primary as they are graduating and moving to the Primary section. The little ones of grade 1 & 2 will welcome them.	JG to 2
07	13-03-2020	Waterplay	To enhance the group learning and to develop motor skills, to stimulate imagination and creativity we are organizing "Fun and learn with water" activities for the little ones.	LKG A & B
08	16-03-2020			
09	28-03-2020	PTM- Report Reading	PTM details are given in the circular in the General Information. It is compulsory for both the parents to attend the report reading. Only Parents of the child would be allowed to attend the PTM. Time slots will be given to students in their communicator (School diary) Parents are requested to follow the time slots to avoid inconvenience.	JG to 8

3. HIGHLIGHTS OF FEBRUARY, 2020

A. PRE-PRIMARY

CLASS PHOTOGRAPH: 14th FEBRUARY, 2020

Class photograph is a memory for every student. This was organised for all the classes of Pre-Primary with the Principal - Dr. Hema Abhiroop, Pre-Primary Head Ms. Anila Abby along with the class teachers of all classes with their dear students.



ELOCUTION COMPETITION: 26th AND 27th FEBRUARY, 2020

LKG and UKG students had an **Elocution Competition** on the topic "**Myself and My School**" where in they spoke 5-10 lines about the topic given. The little masters surprised everyone with the style of speaking and presenting the topic. They were confident and happy at the end of the event. Ms. Sweta shah judged the students of LKG and Ms. Moni Devi judged the students of UKG.



RESULT:

CLASS	POSITION			CONSOLATION
	1 ST	2 ND	3 RD	
LKG A	Vriwa Thakkar, Navya Pathak	Saachi Patel, Mahit Mistry, Vedant Dixit	Harshaali Patel, Krish Raj, Vanshi Govande	Arihant Guha Roy, Nityam Patel
LKG B	Kevin Giri, Aadhya Sharma	Vatsal Vyas, Rudra Zala, Mann Thakkar	Krishang Soni, Twincy Patel, Nivaan Patel	Manish Thakwani, Mishka Patel, Sarvam Barot
UKG A	Cristino Giri, Nihal Raj, Devanshi Charan	Mayra Garg, Nilaya Kumar	Vivan Sharma, Naineel Tundeliya, Bhavesh Chaudhary	
UKG B	Vyoma Shah, Reyansh Prajapati	Charmi Patel, Naitik Singh, Krishang Raval	Abhiraj Singh, Tiara Wadhwa, Devansh Anjanti	

B. PRIMARY

MELANGE, 2020 RUNTHROUGH (JG TO 8): 8th FEBRUARY, 2020

All the Students from Pre-Primary to Grade 8 (including the moms) had performed in the grand Run-through with costumes of MELANGE on Saturday (08.02.2020). They looked amazing in their colorful costumes and performed flawlessly as they geared up for the Mega event of the year i.e. MELANGE 2020.



2nd MELANGE, 2020: (JG to 8): 9th FEBRUARY, 2020

The 2nd Annual Function Melange, 2020 – “Journey of Realization- Making of Dreams a Reality” held on 9th February 2020, Sunday which was a myriad of celebrations replete with music, dazzling dances and hues of colours amidst great zest. Esteemed Director Sir Mr. Utpal Shah and the Principal Dr. Hema Abhiroop, welcomed the chief guest Ms. Nishita Rajput, a Social activist working for girl education. The programme commenced with the lighting of the ceremonial lamp. “The Journey of Realization” included a series of thematic performances ranging from devotion to family values, patriotism, unity in diversity, parental love, social issues and many more.



CLASS PHOTOGRAPH: 14th FEBRUARY, 2020

Class photograph is a memory for every student. This was organised for all the classes of Primary with the Principal - Dr. Hema Abhiroop, Academic Head- Ms. Dipti Patel, Pre-Primary Head Ms. Anila Abby along with the class teachers of all classes with their dear students.



NATIONAL PRODUCTIVITY WEEK: 13th to 17th FEBRUARY, 2020

The National Productivity Day is observed every year in India in February. 12th to 18th February is observed as National Productivity week throughout India. Hence, to mark the importance of the National Productive Week, the Students of Amicus International school participated in various activities mentioned below:

DAY 1: MINDFUL MEDITATION: 14th FEBRUARY, 2020

As a part of Gurukulam, Mindful Meditation was practiced by the students of Grade 3 to 8 with the help of Guided Imagery. The students sat in the correct posture and paid attention to their breathing. Mindfulness is the process of purposely bringing one's attention to experiences occurring in the present moment, which one develops through the practice of meditation and through other training. Students were introduced to calming music and a guiding voice to experience peace and composure.



DAY 2: YOGA AND PRANAYAM: 15th FEBRUARY, 2020

The Principal, Dr. Hema Abhiroop taught yoga asana for the students of grades 3 to 8. They along with the educators learned and practiced the asanas, understanding the benefits of each pose.



DAY 3: IMPORTANCE OF HOME COOKED MEAL: 17th FEBRUARY, 2020

Students of grade 3 to 8 brought healthy homemade food. They presented the healthy meal's name, ingredients, health benefits, recipe and 'prepared by whom'. They shared their delicious home cooked meal with their friends and teachers. Special Thanks to the parents who made the effort to cook for their children and being a part of the National Productivity Week.



FIELD TRIP TO XAVIER GREEN SCHOOL: 17th FEBRUARY, 2020

Students of Grade 3 to 8 visited Xavier Green School, wherein they were briefed about the projects made by Xavier Green School students, which was based on one of the alternative sources of energy, i.e. Solar Energy. Students could experience the usage of Solar energy to generate electricity, solar dryers, solar cooker, water filtration mechanism/distillation with the help of solar power. They were amazed to see various benefits of solar energy which could be performed in our day to day life. All the students enjoyed tasting Maggi and khichdi which was made by using a solar cooker.



SCIENCE EXPLORATION: 19th FEBRUARY, 2020

Revision for YE was done in all the classes to prepare the students for their upcoming Final exams. Orals, written tests, quizzes were conducted which helped them clarify their doubts and tighten their belts for the exam.



SOCIAL SMARTNESS: 20th FEBRUARY, 2020

Students attained knowledge about various government services and were introduced to the unforgotten heroes who brought revolution and fought to reform the social evils. They were engaged in poster making on International important Days and were engrossed in learning about the history of the changing world of visual art.



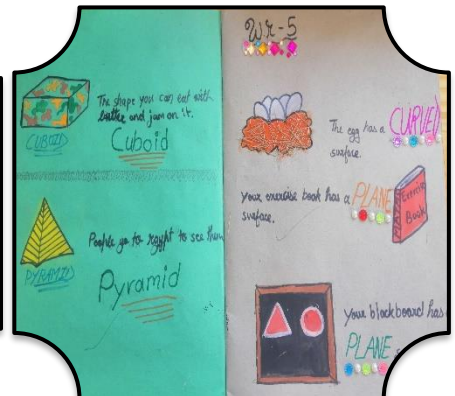
LITERARY ELEMENTS: 20th FEBRUARY, 2020

Students of Grade 1 & 2 enriched and enhanced their knowledge by comprehending through observing pictures, listening and reading. They recapitulated various grammar topics by solving worksheets and assessing their knowledge on the same by appearing for class tests. They also had reading sessions, wherein they happily read the chapters and enjoyed story sessions through wall display. ASL as oral exams were conducted for grades 4 to 8. It enabled them to develop their listening and speaking skills.



MATHEMATICAL LOGICAL APPLICATION: 26th FEBRUARY, 2020

Students enhanced their knowledge about different geometrical shapes by participating in an activity. They dived into the topic by learning about the different parts of the Circle by performing an activity. Students gained theoretical knowledge about the chapter, "Perimeter and Area" of different shapes. Students of Grade 3 did an amazing activity, wherein they collected pictures of different kinds of geometrically shaped objects around them and wrote about its surface type and vertices in their scrapbooks.



CLUBS & COMPETITION:

ELOCUTION COMPETITION: 20th AND 27th FEBRUARY, 2020:

Grade 1 & 2 students had an **Elocution Competition** on the topic "**My Family**" wherein they spoke 6-10 lines about the topics given. The little masters surprised everyone with the style of speaking and presenting the topic. They were confident and happy at the end of the event. Ms. Anila Abby judged the students of grade 1 and Ms. Sonali Bakshi judged the students of grade 2.



CLUBS & COMPETITION HOUSE WINNER LIST:

CLASS	POSITION			CONSOLATION
	1 ST	2 ND	3 RD	
1	Vidushee Vikram, Manavsinh Desai, Anshuman Majhi, Aaradhya Arora	Aadhya Sharerwala, Divyam Patel, Durva Patel, Saumiya Mahant	Aaradhya Sisodiya, Jasper Massey, Ved Panchal, Vishwam Singh,	Mishika Thakwani, Gracy Ajudiya, Kartavya Panchal
2	Akshara Karkare	Avika Sharma	Kavya Agrawal, Shrishti Singh	Harit Panjabi, Nishtha Rajput, Aditya Yadav, Aaradhya Solanki, Ananya Kumari, Hitarthi Patel, Veronica

FIELD TRIP TO XAVIER GREEN SCHOOL: 28th FEBRUARY, 2020

Nature has deep impact on human life but we have lost our touch with nature. In order to reconnect this bond Amicus school initiated a field through the green serenity of Xavier green school. Students explore the entire green land and learned the medicinal values of various trees. They even saw 3 ponds which are the result of water conservation and proper utilization. Students even witnessed the underprivileged children. The entire event was filled with nature, learning and care for mother earth.



4. GENERAL INFORMATION

FEE DETAILS & OTHER IMPORTANT POINTS

- Parents are requested to pay the **School fee by Transaction ID only**. If any parent is not getting transaction ID through text message, please inform us through communicator.
Note: Transaction ID is sent only on Father's Number which is registered at school. For the siblings, please provide another number for the transaction ID.
- Parents are requested to make separate payment with different transaction ID (cheque/cash) in a bank in case of more than 1 child is studying in school.
- Parents are requested to use communicator (School Diary) for any communication with school.**
Please **do not call/send any WhatsApp messages** on WhatsApp number. This Number is exclusively for broadcasting messages. All parents should save the school's broadcast number **-93274-80549** so that they receive the important messages regularly.
- Parents are requested to check the communicator of their ward on a daily basis & sign it daily.**
- SCHOOL TRANSPORT AND LUNCH FACILITY:** It is optional- so from next year I card shall be given for availing these facilities and only the students who have paid fees shall be allowed to avail both of these facilities.
- FINAL PTM & BOOKS AND UNIFORM DISTRIBUTION:** Books, uniforms shall be made available for the parents on the day of PTM on 28th March, 2020. Time slot of individual student will be informed by communicator. The school timing for the PTM is 08:00 am to 01:30 pm.
- For the convenience of all parents, debit /Credit cards shall be accepted. It is optional for the parents either to purchase the books or uniform from the school during PTM or purchase them from anywhere else.

LIST OF HOLIDAYS OF MARCH, 2020

Date	Day	Occasion	Class
10.03.2020	Tuesday	Holi	JG to 8
12.03.2020	Thursday	Preparatory Leave for grade 3 to 8. Note: Grade 1 & 2 will be coming.	3 to 8
17.03.2020	Tuesday		
18-03-2020 to 05-04-2020	Wednesday to Sunday	Year End Vacation	JG to 2
21-03-2020 to 05-04-2020	Saturday to Sunday	Year End Vacation	3 to 8

- School will reopen on 6th April, 2020(Monday) for all classes.**

AMICUS INTERNATIONAL SCHOOL, VADODARA
FOOD MENU FOR THE MONTH OF MARCH, 2020

DATE	DAY	LUNCH
1	Sunday	Holiday
2	Monday	Pav Bhaji + Salad + Lemon Juice
3	Tuesday	Mutter Paneer Sabji + Roti + Rice + Dal Fry + Salad
4	Wednesday	Ragda Patice + Butter Milk
5	Thursday	Bhinda Aloo Sabji + Roti + Rice + Gujarati Dal
6	Friday	Chole + wheat Puri + Gehu ke Laddu
7	Saturday	Lachaka Moong + Rice + Roti + Lauki Ki Sabji + Salad
8	Sunday	Holiday
9	Monday	Idali Sambhar + Chutney + Butter Milk
10	Tuesday	Holi
11	Wednesday	Aloo Mutter Gravey Sabji + Roti + Rice + Papad
12	Thursday	Manchuriyan Fried Rice + Soup
13	Friday	Rajma Gravey + Roti + Rice + Papad
14	Saturday	Holiday
15	Sunday	
16	Monday	Dry Aloo Bhaji + Roti + Veg Pulav + Bundi Raita
17	Tuesday	Mix Veg + Roti + Dal Fry + Jeera Rice + Salad
18	Wednesday	Kale Chane + Rice + Roti + Cabbage Salad
19	Thursday	Idali Sambhar + Chutney + Butter Milk
20	Friday	Palak Paneer + Roti + Dal Fry + Rice